ADVENT DEVOTION · 30 NOVEMBER TO 24 DECEMBER

The St Andrew Christmas Novena

Piously prayed fifteen times a day from the feast of St Andrew (30 November) until Christmas Eve (24 December). You may pray all fifteen at once or divide them across morning, noon, and evening.

TRADITIONAL PRAYER

Hail and blessed be the hour and moment in which the Son of God was born of the most pure Virgin Mary, at midnight, in Bethlehem, in the piercing cold.

In that hour vouchsafe, I beseech Thee, O my God, to hear my prayer and grant my desires, *(mention your intention here)*, through the merits of Our Saviour Jesus Christ, and of His Blessed Mother. Amen.

"She gave birth to her firstborn son. She wrapped him in bands of cloth and laid him in a feeding trough, because there was no room for them in the inn." Luke 2:7

DAILY COUNT (15 TIMES EACH DAY)

Check off or tap through fifteen repetitions each day. If you miss a day, simply pick up again the next morning.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

A SIMPLE WAY TO KEEP IT

- **Morning (5 times):** Before checking your phone or with your morning coffee.
- **Midday (5 times):** Before lunch or during a short walk.
- **Evening (5 times):** Before dinner or at the Advent wreath before bed.

MY CHRISTMAS INTENTION